

Case study by Dr. Alvin De Leon



CASE: 38

DATE: December 2012

CLIENT: 58 year old right-handed female (postmenopausal)



Subjective Complaint: Heartburn and stomach pain for the past two months. The client reports that she used to get stomach pain and heartburn symptoms about 6 or 7 years ago, but that she has not had any symptoms until two months ago. She admits that now it has been constant stomach pain for the past month and a half. She relates that the stomach pain and heartburn is constant and daily, but that it varies in severity. She is not sure if there is any direct correlation with what she is eating, as sometimes the pain feels worse after eating.

Organs Affected: Stomach (small curvature)

Embryonic germ layer: ectoderm

Brain control center: right temporal lobe

GNM Explanation: Heartburn and stomach pain are related to territorial anger conflicts or anything upsetting regarding her domain or her territory (because she is right-handed and postmenopausal). This Biological Special Program (BSP) involves ulceration of the small curvature of the stomach during the **Conflict-Active Phase** and tissue refilling and restoration during the **Healing Phase**. The client is currently in the Conflict-Active Phase (**Hanging Conflict**) which involves sharp pain or heartburn symptoms. The original conflict must be identified and brought to her awareness in order for the BSP to be completed.

GNM Understanding: The client recognized that her conflict must be related to an issue regarding her spouse, who has a tendency to become flirtatious and make sexual innuendos to women around him when he drinks alcohol. She admits that she is not surprised by this behaviour as he has behaved this way in the past. However, two months ago, during one of his drinking episodes, he was flirting with, and making comments to a good friend of hers. She admits that while she was upset with her spouse, she was actually more angry and shocked that her friend was flirting back with him in her presence (**her DHS**). She now recalls feeling hurt and disrespected by her friend's behaviour. She states that her friend did not apologize at all and didn't think she did anything wrong.

Results: The client understood the correlations and admitted that her stomach started to feel better as we spoke. She indicates that she will contact her friend to close the issue as soon as possible.

A follow up phone call two weeks later revealed that she no longer had any heartburn or stomach pain. She states that she spoke with her friend right away after our conversation and that she also spoke to her spouse about his behaviour. She admits that things are good now regarding both relationships. We continue to speak on a regular basis on GNM and other Biological Special Programs, but the client has not reported any heartburn or stomach pain in over a year.

For clarification of specific terms, please consult the English "Five Biological Laws" document

Source: www.LearningGNM.com