

Case study by Dr. Alvin De Leon



CASE: 94

DATE: November 2015

CLIENT: 31 year old right-handed male



Subjective Complaint: The client has been treated in the clinic for various musculoskeletal symptoms and has since become knowledgeable about GNM. He wanted to understand the GNM perspective of his recent symptoms of **abdominal pain, diarrhea** and **fever**. He reports that his abdominal pain started last Wednesday night and the next day he was unable to go to work due to diarrhea, fever and fatigue. He states that his symptoms seem to be lingering and is not sure if it's related to stomach flu symptoms his son and his boss at work were dealing with around the same time.

Observation: The client was observed to be in better health without a fever, but he did appear to be tired. He was evaluated for other musculoskeletal complaints. Chiropractic evaluation revealed full spine joint restrictions and myofascial trigger points.

Organs Affected: Small intestine

Embryonic germ layer: endoderm

Brain control center: brainstem

GNM Explanation: **Abdominal pain, cramping and diarrhea: an inability to absorb or digest a "morsel" conflict experienced as anger about a person, situation or news that is "hard to digest"**. This Biological Special Program involves proliferation of the intestinal cells during the **Conflict-Active Phase** and removal of the cells that are no longer needed during the **Healing Phase** with the help of fungi or mycobacteria. The biological purpose of the cell increase is to better able to absorb or digest the "morsel". During the Healing Phase, the person can experience abdominal cramping, diarrhea and night sweats. The client is currently in a **Hanging Healing** with **tracks** or triggers. His original conflict (DHS) must be identified and brought to his awareness in order for the SBS to be completed.

GNM Understanding: The client understood the GNM explanation and realized that his conflict might be related to an issue at his work. He reported that a few weeks ago, he was notified that they were going to have to shut down power to an entire area for a few days. This meant a lot of prep work for the shut down. However, a week before the planned shut down, they were presented with a new plan which meant extra work for his crew with less time to do it in (**his DHS**). He recognized that this news was upsetting and hard to digest for him. He now realizes that last Wednesday was when they finally finished all the planning needed for the Friday shut down. This could explain why his symptoms showed up Wednesday evening, when the conflict was finally resolved.

He was asked to make the conscious connection that his digestive symptoms were related to the work issue and that he was now in the Healing Phase. He was asked to watch for any flare ups due to any triggers at work, but otherwise, his symptoms should slowly subside in the next few days since the issue has been resolved. He was treated for his musculoskeletal symptoms and asked to do a follow up visit in a few weeks.

Results: The client returned a few months later for treatment of other symptoms. He reported that he had no more intestinal issues shortly after our last visit. He was reminded to continue to look for any unexpected conflict shocks the next time he presents with any unexplained symptoms.

For clarification of specific terms, please consult the English "Five Biological Laws" document

Source: www.LearningGNM.com